

STOP PRESS REVIEWS

NATURE'S HELP TO HAPPINESS. By JOHN WARREN ACHORN, M.D. W. Rider and Sons. 1s. net.

This is the best book ever written on health. Go out and hold naked Nature to your breast ; and you will be well.

You sleep in or you sleep out, as luck will have it ; sometimes you get food, and sometimes not ; it's no odds ; you are one with Nature, and find that Nature is one with God.

This is my own practice ; every time London can spare me I put on my climbing things and take nothing else but a supply of strong tobacco and a few pounds. Then I think of some place that sounds interesting—Madrid or Fiesole or Timbaktu—and walk there.

When I get back I am strong enough even for book-reviewing.

Go thou and do likewise !

ALEISTER CROWLEY.

MASQUES AND PHASES. By ROBERT ROSS. Arthur L. Humphreys.

A very pleasant collection of witty essays. *O si sic omnes!* Do let us have some more this year.

And thank you so much for the very necessary statements in "There is no decay."

A. C.

AFTER DEATH—WHAT ? By CESARE LOMBROSO.

We sent this book to our undertaker for review, but he only wired back "Rot." Why are undertakers always poets ?

[The late Cesare Lombroso was a mattoid and degenerate suffering from paranoiac delusions about "criminal types." He would count the hairs in your moustache, and if you had two more on one side than the other, it showed that you would commit forgery. The authorities once sent him a photograph of a murderer, and he proved that not only was he bound to murder somebody, but to do it in just that special way. By an accident, the